

## MERIDIAN PAL SOCCER LEAGUE COMPETITION FORMAT

AGE GROUP	BALL	COMPETITION	MATCH LENGTH	FIELD	GOALIE	REFS	MODIFIED RULES
Tots U4 COED & U5 COED	3	3 VS 3	4 X 5 min, 3 min half	10 yd X 15 yd, half line goal = 2' X 3'	No	Coach	<b>NO HEADING OR SLIDE TACKLING</b> fans return ball to play on-the-fly substitutions
U6	3	4 VS 4	4 X 10 min, 5 min half	20 yd X 15 yd  half-line Goal = 4' X 6'	No	Coach	<b>NO DROP KICKS, HEADING OR SLIDE TACKLING</b> indirect free kicks @ 4 yd 1 player may be added to the team with a 5 goal deficit on-the-fly substitutions goal kicks near exit point throw or kick-in
U7/U8	3	5 VS 5	4 X 12 min, 5 min half	40 yd X 25 yd  goal & penalty area Goal = 6' X 18'	Yes	Center Ref, Ref to explain fouls	<b>NO DROP KICKS, HEADING OR SLIDE TACKLING</b> <b>NO OFFSIDES</b> No direct kicks. Egregious foul penalty kicks @ top of penalty box Add 1 player at 5 goal deficit. Minus 1 player at 10 goals . throw-in with 1 redo in first 3 wks only
						2 Parent AR's	Goals cannot be scored from the kick off Substitutions permitted on goals, goal kicks, throw-ins on your possession, and throw-ins on the other team's possession if they are making a sub, referee discretion (injury), & halftime
U9/U10	4	7v7	2 X 25 min, 5 min half	75 yd X 50 yd  all markings Goal = 7' X 21'	Yes	Center Ref	<b>OFFSIDES CALLED ONLY AFTER BUILD OUT LINE</b> <b>NO DROP KICKS, HEADING OR SLIDE TACKLING</b> penalty kicks @ 10 yd Add 1 player at 5 goal deficit. Minus 1 offensive player at 10 goals
						2 Parent AR's	Substitutions permitted on goals, goal kicks, throw-ins on your possession, and throw-ins on the other team's possession if they are making a sub, referee discretion (injury), & halftime
U12 Outback	4	9v9	2 X 30 min, 5 min half	85 yd X 50 yd Goal = 7' X 21'	Yes	Center Ref	<b>OFFSIDES CALLED</b> <b>NO HEADING OR SLIDE TACKLING</b> Add 1 player at 5 goal deficit. Minus 1 offensive player at 10 goals
						2 AR's	Substitutions permitted on goals, goal kicks, throw-ins on your possession, and throw-ins on the other team's possession if they are making a sub, referee discretion (injury), & halftime
U14 Outback	5	11v11	2 X 35 min, 5 min half	110 yd X 70 yd Goal = 8' X 24'	Yes	Center Ref 2 AR's	<b>NO SLIDE TACKLING</b> <b>OFFSIDES CALLED</b> Add 1 player at 5 goal deficit. Minus 1 offensive player at 10 goals Substitutions permitted on goals, goal kicks, throw-ins on your possession, and throw-ins on the other team's possession if they are making a sub, referee discretion (injury), & halftime
U16/U18 Coed Outback, Nampa Premier or Arsenal	5	11v11	2 X 35 min, 5 min half	110 yd X 70 yd Goal = 8' X 24'	Yes	Center Ref 2 AR's	<b>NO SLIDE TACKLING</b> <b>OFFSIDES CALLED</b> Add 1 player at 5 goal deficit. Minus 1 offensive player at 10 goals Substitutions permitted on goals, goal kicks, throw-ins on your possession, and throw-ins on the other team's possession if they are making a sub, referee discretion (injury), & halftime

**ILLEGAL DROP KICKS AND HEADING VIOLATIONS WILL RESULT IN AN INDIRECT FREE KICK FOR OPPOSING TEAM (U12 AND YOUNGER)**